

# UNSUNG HEROS

**Barnabas** – Encouragement

**June 2, 2019**

**Opening Prayer:** As a group or a family, join together in prayer for God to open up moments where you can be an encouragement. Look for the God moments when God is inviting you to uplift another person or a group of people. Also, as the Lord to open your heart(s) to those who want to encourage you...that you would be able to receive that encouragement.

## **Breaking the Ice:**

- We are called by God to lift each other up, to recognize the good things others are doing and to celebrate those things that are being done. How have you done that in the past?
- Jesus used words of encouragement toward his disciples, toward those he healed, and toward those he brought life change to...how have you received encouragement from Jesus in your life?

## **Wrestling with the Word:**

Read 1 Thessalonians 5:9-19

- The Apostle Paul is writing to a church about how to live. One of the things he says in verses 11 and 14 is that we are to encourage each other. How can we do a better job of encouraging each other?
- What is one way we can encourage people in our families who are not living a Christian life?
- How can we lift up what is positive in the lives of those we work with?
- If encouragement is a spiritual gift and it's not high on your list...how can you adopt an attitude of encouragement?

**Prayer for the Week:** Pray that you, your group, your family, and our church might get better at being the encouraging people Jesus wants us to be. Ask that we may gain a "Barnabas Attitude" about lifting up our brothers and sisters in such a way that our nick-names might be come the sons and daughters of encouragement.