

Too Busy
LifeGroup Lesson
April 22, 2018
Nehemiah 6:1-9

OPENING PRAYER:

Father you have called us to a great work. We acknowledge that we get distracted from time to time. We lose sight of where you are leading us and sometimes we get sidetracked. By your grace, lead us back to the path that we should follow and strengthen us so that we might live more fully into the calling that you have blessed us with. Amen.

BREAKING THE ICE:

- What did you agree/disagree with in the LifeTalk?
- Have you ever had to say no to something that seemed like a good thing, but you knew you needed to do something else?
- How do you typically handle distractions in your everyday life?

WRESTLING WITH THE WORD:

Read Nehemiah 6:1-9.

- What strikes you about this passage?
- Nehemiah faces adversity in this passage, what do you see him doing in response? How do you think he was able to do that?
- Nehemiah could have been distracted by the threats of his enemies and could have spent time figuring out how to take care of it, but he remained focused on his task and calling. What tasks have you been distracted from that you need to remain focused on?
- One of the greatest lines in this passage is Nehemiah's initial response. "I'm engaged in a great work, so I can't come." We are called to a great work as well. What is your great work?

Read Proverbs 4:25-27

- What strikes you about this passage?
- What are the benefits to staying focused on the right path?
- What are the things that distract you the most? What are some strategies that can help you stay focused on your calling?

NEXT STEPS:

- How will your life be different based upon what you have learned in this week's scripture, lesson and/or LifeTalk?
- Make a list of your most common distractions in life. Choose one or two of those distractions to replace this week with something more aligned with your calling.
- Spend some time this week discerning your calling. Think about your life to this point, what are your strengths, what are your weaknesses? Where do you find your passion and energy? Consider how these things might be directing you to your calling.

PRAYER FOR THE WEEK:

Lord you made us to glorify you, to live in right relationship with you. Teach us to glorify you in every moment of every day. Teach us to find time in our busy schedules to refocus our attention on you. Teach us to keep from distractions and to find our energy and passion in you alone. We pray this knowing that you are working all things together for our good and that you will use even our distractions to sharpen our calling. Amen.