

Nothing Happens Overnight

Prayer

Mark 1:32-35
February 9, 2020

Opening Prayer: As a group or a family pray that you can set a goal of disciplining your daily devotions. Pray that God will give you the strength to live up to being a devoted believer. Ask the Lord to make 2020 the year that you start communing with God on a spiritual level.

Breaking the Ice:

- Tell the group about what you like to do in your free time.
- What is a good time in the day when you could do your devotions?
- How can you add more to your devotional time?

Wrestling with the Word:

Read Mark 1:32-35

- Why do you think that Jesus needed to take quiet time the morning after a day of helping people?
- The verses say that He did this while it was still dark. Why is it important to find a quiet time and place to spend time with God?
- Also read Luke 5:15-16. This verse also talks about Jesus going to a lonely place to spend time with God. Why is it important to make sure that we aren't only ministering to others, but also taking time with God for ourselves?

Prayer for the Week: Pray that God would show you and your family how you can work out your own devotional time. Ask God to be present in your daily prayer life. Pray that you are able to take time out of your day just for God. Pray for the willingness and desire to grow in disciplining your daily devotional life and take time out of the day to just breathe and be with God.