

Nehemiah: Passion to Action

Week 2: Sitting On The Vision

Isaiah 40:31

November 3, 2019

Opening Prayer: As a group or a family, ask God to increase our ability to wait. Seek God's work in your life in the area of patience. Ask for God to give you glimpses of what is to come so that you can wait with a heart of anticipation rather than stress or anxiety.

Breaking the Ice:

- Share with your group a time when you just could not wait for something and so, you jumped the gun. Maybe it was a purchase, or a job offer or a relationship decision that you rushed in faster than you should have...tell the group your story.
- When did you discover the gift of patience? What happened to you when you waited for something and it paid off and you learned the blessing of patience? Can you share that story with everyone?

Wrestling with the Word:

Read Isaiah 40:31: *But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.*

- Trusting in the Lord requires waiting on the Lord's timing. This passage has been translated by some to say, *Those who wait upon the Lord...* So, when have you had to wait on the Lord? How did that go for you?
- This verse tells us how change begins. Before there is change there comes a time of waiting. But, many people think waiting is wasting time. We need to be active while we're waiting. What kinds of things can you do while you wait for God's next move in your life?
- Our society wrestles desperately with being distracted...we just don't wait very well. What can you do while waiting that will keep you focused on what God is doing?
- Commit to praying for patience in your life as God works on you and the people/situations around you. Live your life knowing that God is working on something and one day it will all make sense.

Prayer for the Week: Pray that while waiting, God keeps you focused on the prize and that you do not get distracted. God has something for you to do...there is always a next with God. What we know is that God is not finished with us yet. Our task is to stay focused and to do the work of waiting in a way that honors who God is and what God is doing. Pray for strength and persistence in the waiting.