

STRETCH

Philippians 2:12-18

January 5, 2020

Opening Prayer: As a group or a family pray that this New Year brings a lifelong change to your relationship with Jesus. Pray that God will in your daily devotions so that you growing stronger. Lift up your devotional time for 2020 and that through spending time with God that our spiritual life deepens.

Breaking the Ice:

- Describe a time when you did something even though you didn't want to and didn't enjoy it.
- As we start the New Year, share with you group or family what you would like to accomplish in this New time of possibilities?

Wrestling with the Word:

Read Philippians 2:12-18

- If we were to take these verses seriously, how would your life look different in the coming year?
- What would it take to do everything without complaining (verse 14)?
- Do you have a devotional plan for 2020 that will help you become what God wants for your life?
- If joy is God given, then the ability to rejoice comes from within rather than from external things. How will you find and connect with the joy of God in your life?

Prayer for the Week: Pray that God would show you and your family true joy that can see you through every circumstance and any situation. Ask God to open your eyes each day to His joy. Pray for the desire to step out in faith and spend time with God each day as we prepare to start this New Year.