

## **Not Good Enough**

LifeGroup Lesson

April 15, 2018

Luke 7:36-50

### **OPENING PRAYER:**

Lord, we live with this aching feeling that we are not enough. We live with this feeling that we don't measure up to others and it causes us to hide our weaknesses. We have spent enough energy presenting this façade. We declare that you have made us worthy and that you have called us loved. May we hear that message every day. May we know that through your sacrifice we are more than enough. Amen.

### **BREAKING THE ICE:**

- What did you agree/disagree with in the LifeTalk?
- If you could do anything what would it be? If you aren't doing that, why not?
- What is one habit that you wish that you could get into? Why?

### **WRESTLING WITH THE WORD:**

Read Luke 7:36-50.

- What strikes you about this passage?
- Who do you resonate with in the story?
- What do you think this woman's life was like prior to meeting Jesus? How does that help us understand the situation?
- The Pharisee looks down on the woman and is spending much of his time sizing up Jesus. We can get into the same comparison trap a lot of the time. What does the comparison trap do to our relationships?

Read Romans 8:31-39

- What strikes you about this passage?
- What does it look like to be more than conquerors?
- What do you think it means for God to be for you? How does that impact your life?
- God says that we have been given everything through Jesus Christ. How might you be able to live your life based on that truth?

### **NEXT STEPS:**

- How will your life be different based upon what you have learned in this week's scripture, lesson and/or LifeTalk?
- Take some time each day to examine your actions. Have there been moments in the day where you felt inadequate or that you weren't enough? Discern how those feelings came up and why you are experiencing those things.
- Review some of your interactions throughout the week. Are there any moments where you have conveyed to others that they are lacking in some way? Perhaps ask for forgiveness in hopes of offering healing.
- Note: There is a distinct difference between constructive criticism and making someone feel inadequate. One comes from the motivation to encourage and strengthen, the other comes from a motivation to put someone else down.

### **PRAYER FOR THE WEEK:**

Lord, you have declared us to be enough. We are fearfully and wonderfully made and you have created us to glorify you. When we feel inadequate and not good enough, remind us of the great cost that you paid for us and the things that you did to show your love for us. Forgive us when we have treated others in a way that has made them feel inadequate and continue to move in us that we might see others in the way you see them. Amen.