

# Goals

## Lent Sermon Series on the Fruit of the Spirit

### Joy

John 16:20-22

March 8, 2020

**Opening Prayer:** As a group or a family, pray that you can set a goal of finding a way for you to have joy. Pray that God will give you the strength to live up to being a devoted believer. Ask the Lord to make 2020 the year that you start having joy in your hearts. Pray that you will be able to bring joy to others around you. Pray that God will bring you joy in every situation. Having joy in your soul will help with the development of your faith and spiritual fitness.

#### **Breaking the Ice:**

- How can you be joyful in all circumstances?
- What is something that gives you joy?
- What does joy mean to you?

#### **Wrestling with the Word:**

Read John 16:20-22

- What do you think the disciples thought when Jesus told them their suffering would turn into joy?
- Why do you think it is hard for you to look at difficult circumstances and be joyful?
- What can you do to try to find joy in tough circumstances?

**Prayer for the Week:** Pray that God would show you and your family how you can find joy in the everyday pattern of your life. Ask God to remind you of things to be joyful about; and things that He is doing that you sometimes take for granted. Pray that God will give you the strength and wisdom to see the joy even in tough times.