

# Goals

## Lent Sermon Series on the Fruit of the Spirit

### Peace/Patience

Colossians 1:3-14

Galatians 5:22-23

March 15, 2020

**Opening Prayer:** As a group or a family, pray that you can set a goal of living life at peace. Pray that God will give you the strength to live up to being a devoted believer. Ask the Lord to make 2020 the year that you find peace that brings calmness and patience to all situations. Pray that you will be able to find peace and patience for yourself. Having peace and patience in our souls will help with the development of our faith and spiritual fitness.

#### Breaking the Ice:

- What brings you peace in your day? What disrupts peace in your day?
- How can you find patience in your daily work environment? Your home environment?
- What are some ways the world can take away your peace and patience?

#### Wrestling with the Word:

Read Colossians 1:3-14

- How is the good news bearing fruit everywhere? Where do you see it happening?
- How can you overcome difficulties with showing peace and patience to others?
- What changes in your life should you make to have good endurance for peace?

**Prayer for the Week:** Pray that God would show you and your family how you can find peace and patience in the everyday pattern of your life. Ask for God to remind you to be at peace with your life. Pray that God will give you patience to go throughout this week. Pray that God will give you the strength and wisdom to see patience in the moment and at the end, you can have peace.