

# Goals

## Lent Sermon Series on the Fruit of the Spirit Love

1 John 4:7-19  
March 1, 2020

**Opening Prayer:** As a group or a family pray that you can set a goal of finding a way for you to love. Pray that God will give you the strength to live up to being a devoted believer. Ask the Lord to make 2020 the year that you start loving others to become more Christlike. Pray that loving others will not leave you with nothing. Pray that you and God can have a love story. Loving others will help with the development of your faith and spiritual fitness.

### Breaking the Ice:

- Who do you love? Family? Friends? Others?
- Do you love them like God loves you? What does that look like practically?
- How can you love your neighbor as yourself?

### Wrestling with the Word:

Read 1 John 4:7-19

- How would you define God's love?
  - How has God shown us his love in these verses?
- Also read Galatians 5:22-23.
- In what ways can you contribute all nine Fruits of the Spirit into your daily lives?
  - Which one do you think is the easiest to keep up with?

**Prayer for the Week:** Pray that God would show you and your family how you can love others to advance your spiritual fitness. Pray that you are able to take time out of your day just for God. Pray that you're taking time out of your week to love others. Also, pray that you can exhibit all nine Fruits of the Spirit into your busy life. Ask God that He would be remind you that He is love and to live like Him.