

**We are Healed**  
LifeGroup Lesson  
February 25, 2018  
Mark 2:1-12

**OPENING PRAYER:**

Lord, we come to you to pray that you will bring healing not just to our physical bodies, but to our souls. We pray for our communities that remain isolated and encourages loneliness. We pray for the brokenness in our families. We believe you offer healing to those places. Open our eyes to places where we can find healing. Lead us into the places we can offer healing and through it all give us patience to wait on your timing.

**BREAKING THE ICE:**

- What did you agree/disagree with in the LifeTalk?
- In what ways have you seen healing in your life?
- In what ways do you see your community needing healing?

**WRESTLING WITH THE WORD:**

Read Mark 2:1-12

- What strikes you about this passage?
- Place yourself in the shoes of the men carrying the paralyzed man. What are your reactions to Jesus' statement about the man's sins being healed? What about after Jesus offers physical healing?
- How has Jesus healed your life? How is your life now different from before you knew Jesus?

Read Mark 9:14-27

- What strikes you about this passage?
- What do you think about the man's statement, "help me in my unbelief?" Have you ever experienced that before?

**NEXT STEPS:**

- How will your life be different based upon what you have learned in this week's scripture, lesson and/or LifeTalk?
- Think of 3-4 practical ways you can offer healing to others this week. Perhaps offering a listening ear or simply your presence to someone who is hurting.
- Take some time this week to journal honestly about what you believe Jesus is capable of. Ask Jesus to expand your trust and faith in him.

**PRAYER FOR THE WEEK:**

Jehovah-Rapha, the God who heals. You offer healing to our communities, to our families, to our lives. You restore us and mend that which is broken. We ask for your healing now. We ask to be used as your instruments and to grant healing to others. We trust in you and have faith in your words. We pray that you will expand our faith and show us the vision you have for those around us. Amen.